



3rd INTERNATIONAL SPORTS REHAB MEETING

KEY PERFORMANCE INDICATORS FROM INJURY TO RTS

The Full Practical Guide



NOVEMBER | 21-22 | 2026
Innovation Campus
Milan, Italy



3rd INTERNATIONAL SPORTS REHAB MEETING

KEY PERFORMANCE INDICATORS FROM INJURY TO RTS The Full Practical Guide

#ISMR26 - OVERVIEW DAY 1 November 21, 2026

TIME	'AUDITORIUM' ROOM	'OLYMPIC' ROOM
9.00 – 10.45	SESSION #1 MUSCLE & TENDON	SESSION #5 KNEE #1
10.45 – 11.15	BREAK	
11.15 – 12.55	SESSION #2 KNEE #2	SESSION #6 HIP & GROIN
12.55 – 14.30	LUNCH BREAK	
14.30 – 15.45	SESSION #3 SHOULDER #1	SESSION #7 FOOT & ANKLE #1
15.45 – 16.15	BREAK	
16.15 – 17.30	SESSION #4 FOOT & ANKLE #2	SESSION #8 SHOULDER #2
17.30 – 18.00	ROUND TABLE	ROUND TABLE
19.30 – 20.30	NETWORKING SESSION	
20.30 – 22.00	DINNER	
22.00 – ahead	#ISRM2026 PARTY	

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#ISMR26 - OVERVIEW DAY 2 November 22, 2026

TIME	'AUDITORIUM' ROOM	'OLYMPIC' ROOM
8.30 – 10.50	SESSION #9 STRENGTH & CONDITIONING	SESSION #11 ENHANCING RECOVERY
10.50 – 11.20	BREAK	
11.20 – 13.20	SESSION #10 KNEE #3	SESSION #12 BACK & SPINE
13.20 – 14.45	LUNCH BREAK	
14.45 – 16.00	WORKSHOPS A-B-C	
16.00 – 16.30	BREAK	
16.30 – 17.45	WORKSHOPS A-B-C	

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*Scientific Committee: Sebastiano Nutarelli, Gabriele Thiebat,
Marco Freschi, Paolo Perna*

9.00 #ISRM26 OPENING

SESSION #1 – MUSCLE & TENDON

Moderators: Lorenzo Brambilla, Kristian Thorborg

9.05 – 9.25: Marco Freschi

*Non-Negotiable Steps in Acute Muscle Injury Management Thinking
Forward to Early Rehabilitation: the Point of View of a Serie A Team Head
of Medical Team*

9.27 – 9.47: Lasse Lempainen

*Proximal & Distal Muscle-Tendon Hamstring Injuries in Professional
Soccer Players: Early Surgical Indications to Optimize Rehabilitation from
the Surgeon's Point of View*

9.49 – 10.09: Paolo Perna

*Return to Play Criteria Following Hamstring Injuries in Professional
Football*

10.11 – 10.31: Fearghal Kerin

T-Junction Hamstring Injury Rehabilitation

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SESSION #1 – MUSCLE & TENDON

Moderators: Lorenzo Brambilla, Kristian Thorborg

10.33 – 10.41: Salvatore Di Liberto (oral presentation)

Return to Sport Decision-making After Hamstring Strain Injury in Professional Football: Athlete and Stakeholder Perspectives

10:43 – 11.15 BREAK

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SESSION #2 – KNEE #2

Moderators: Gabriele Thiebat, Pierfrancesco Bettinsoli

11.15 – 11.23: Filippo Picinini (oral presentation)

A Worldwide Survey of Current On-Field Rehabilitation Practices For Anterior Cruciate Ligament Reconstruction in 11-a-Side Football: Insights from 213 practitioners

11.25 – 11.45: Alberto Grassi

Not All Meniscal Tears and Surgical Repairs Are the Same: Contextualizing Rehabilitation for a Better Outcome

11.47 – 12.07: Peter Verdonk

ACL Reconstruction Combined with Lateral Extra-Articular Tenodesis - Not Just a Trend: Clinical-Decision Making, Effects on Joint Laxity, RTS and Failure Rates

12.09 – 12.29: Tim Hewett

Novel Methods for Monitoring RTS After ACL Reconstruction

12.31 – 12.51: Sebastiano Nutarelli

When Things Go South After Knee Surgery: The Stiff Knee - a Call for Action for Clinicians Based on the International Arthrofibrosis Association 2026 Position Statement

12.53 – 14.30: LUNCH BREAK

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SESSION #3 – SHOULDER #1

Moderators: Alessandro Corsini, Ben Ashworth

14.30 – 14.38: Ahmed A. Khalil (oral presentation)

Effect of Transfer Energy Capacitive Resistive Therapy on Shoulder Pain and Function in Shoulder Impingement Syndrome

14.40 – 15.00: Andrew Wallace

Management of the Unstable Shoulder in Professional Sport: Algorithm for Surgical Intervention and Rehabilitation

15.02 – 15.22: Edel Fanning

Shoulder Instability: KPI's for Returning to Contact and Collision Sports

15.24 – 15.44: Martin Asker

Diagnosing the Overhead Shoulder: an Objective Practical Approach

15.46 – 16.15: BREAK

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SESSION #4 – FOOT & ANKLE COMPLEX #2

Moderators: Matteo Guelfi, Colin Griffin

16.15 – 16.23: Domenico Mercurio (oral presentation)

Spontaneous Healing of Neglected Achilles Tendon Ruptures can be Observed After Isolated Minimally Invasive Flexor Hallucis Longus transfer: Predictors of Functional Outcomes in a Single-center Prospective Series

16.25 – 16.45: Paolo Fiore

Diagnosis and Management of Foot & Ankle Stress Fractures in Athletes: State of the Art

16.47 – 17.07: Eamonn Delahunt

Challenging Current Understandings of and Evidence for Ankle Sprain Rehabilitation

17.09 – 17.29: Paolo Artina

Reliable Assessment of Calf Strength and Capacity

17.29 – 18.00: Round table:

Let's be Objective About Multidisciplinary Work with Athletes: Shouldn't We Improve to Actually Deliver Better Care?

Moderators: Loris Perticarini, Eric Hamrin Senorski

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SESSION #4 – FOOT & ANKLE COMPLEX #2

Moderators: Matteo Guelfi, Colin Griffin

18.00 END OF #ISRM26 1st DAY

19.30 – 20.30: Networking session at the Bistrot South Garage – Milan, Italy

20.30 – 22.00: Dinner at the Bistrot South Garage – Milan, Italy

22.00 – ahead: #ISRM26 Party at the Bistrot South Garage – Milan, Italy

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9.00 #ISRM26 OPENING

SESSION #5 – KNEE #1

Moderators: Lorenzo Maria Maggioni, Luca Vergani

9.05 – 9.25: Markus Walden

Incidence of Hamstring and Quadriceps Muscle Injuries After RTS from ACL Reconstruction with Patellar and Hamstring Tendon Autografts in Pro Male Soccer Players: State of the Art with an Analysis of Possible Causes

9.27 – 9.47: Francesca De Caro

Cartilage Lesions of Professional Athletes' Knees: Challenges, Science-Based Decision Making, and Pivotal Indications for Successful Rehabilitation

9.49 – 10.09: Florian Forelli

Criteria-Based, Safe and Effective Introduction of Open Kinetic Chain Exercises After ACL Reconstruction

10.11 – 10.31: Ramana Piussi

Beyond the Ligament: What Qualitative Research Shows about Life After an ACL Injury

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SESSION #5 – KNEE #1

Moderators: Lorenzo Maria Maggioni, Luca Vergani

10:33 – 10.41: Federico Cintolesi (oral presentation)

Kinematic Analysis of Changes in Direction After Return to Sport Following Anterior Cruciate Ligament Reconstruction: Normal Conditions Vs Cognitive Load Vs Visual Perturbation: a Cross Sectional Study

10:43 – 11.15: BREAK

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SESSION #6 – HIP & GROIN

Moderators: Marco Freschi, Florian Forelli

11.15 – 11.23: Afxentios Kekelekis (oral presentation)

From Tissue Recovery to Match Exposure: Load Progression and Return-to-performance Decision-Making After Hip and Groin Injury in Soccer

11.25 – 11.45: Per Holmich

Can We Predict Outcomes in Hip Arthroscopy? A Decision-Making Framework

11.47 – 12.07: Alberto Fioruzzi

Hip Instability: a Diagnostic Challenge with Major Consequences

12.09 – 12.29: Kristian Thorborg

Exercise and Load Management of Adductor Strains, Adductor Ruptures, and Long-Standing Adductor-Related Groin Pain: Science-Based KPIs for a Successful Rehabilitation

12.31 – 12.51: Luca Vergani

Rebuilding Field Exposure After Inguinal Related Groin Pain in Elite Footballers: A Constraint-Based and Data-Informed Framework for RTP

12.53 – 14.30 LUNCH BREAK

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SESSION #7 – FOOT & ANKLE COMPLEX #1

Moderators: Paolo Fiore, Eamonn Delahunt

14.30 – 14.38: Alessandra Scarton (oral presentation)

Portable IMU-based jump height assessment: independent validation of the Gyko Pro against OptoJump and force plate

14.40 – 15.00: Matteo Guelfi

Lateral Ankle Instability: Clinical Decision-Making (Rehab Vs Surgery) and Indications for Optimal and Fast Rehabilitation from the Surgeon Point of View

15.02 – 15.22: Jordi Vega

Medial Ankle Instability: Clinical Decision-Making (Rehab Vs Surgery) and Indications for Optimal and Fast Rehabilitation from the Surgeon Point of View

15.24 – 15.44: Colin Griffin

KPI's in Athlete's Peak Lower-Leg Performance Reconditioning after Calf and Achilles Tendon Injury

15.46 – 16.15: BREAK

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SESSION #8 – SHOULDER #2

Moderators: Furio Danelon, Edel Fanning

16.15 – 16.23: Mario Gaetano Fioretti (oral presentation)

Innovative Designs and Materials in Sports-Related Hand Protective Splints: A Case Series

16.25 – 16.45: Giuseppe Porcellini

The Management of Rotator Cuff Tears in Athletes

16.47 – 17.07: Ben Ashworth

Key Performance Indicators for Shoulder Evaluation Impacting Return-to-Performance Decisions in Professional Baseball Players

17.09 – 17.29: Fabrizio Brindisino

KPIs to Advance in the Darkness: Rehabilitation of the Frozen Shoulder

17.29 – 18.00: Round table:

Who Decides What's Next After Injury in Sports? The Clinicians' Role To Foster and Respect Patients' Informed-Decisions

Moderators: Paolo Perna, Markus Walden

18.00 END OF #ISRM26 1st DAY

19.30 – 20.30: Networking session at the Bistrot South Garage – Milan, Italy

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SESSION #9 – STRENGTH & CONDITIONING / PERFORMANCE

Moderators: Marco Beato, Gabriele Ceriani

8.30 – 8.38: Andrea Spagnolo (oral presentation)

Longitudinal Monitoring of Eccentric Hamstring Strength During Fixture Congestion in Professional Football: No Evidence of Force Depression Despite Increased Match Frequency

8.40 – 8.48: Ayrton Moiroux-Sahraoui (oral presentation)

Validity and Reliability of Force–Velocity Profiles Using an Isokinetic Device

8.50 – 8.58: Lorenzo Rosso (oral presentation)

sEMG and Cycling Biomechanics for Return to Sport Assessment After Lower-limb Injury in Cyclists: a Narrative Review

9.00 – 9.20: Giuseppe Coratella

How to Incorporate the Nordic Hamstring Exercise in the Training Program

9.22 – 9.42: Marco Beato

Return to Play After Injuries in Soccer: Optimizing Strength–Speed Profiles

9.44 – 10.04: Brad Schoenfeld

Optimizing Muscle Hypertrophy in Rehabilitation: Approaches that Work, Things We Are Unsure About, Interventions We Should Drop, and New Trends

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SESSION #9 – STRENGTH & CONDITIONING / PERFORMANCE

Moderators: Marco Beato, Gabriele Ceriani

10.06 – 10.26: Tommaso Piva

Football-Specific Vision Training to Reduce Reaction Time and Improve Oculomotor Function during End-Stage Rehabilitation

10.28 – 10.48: Luca Russo

KPIs to Maximize the Benefits of High-Intensity Interval Training in MSK Functional Reconditioning

10.50 – 11:20: BREAK

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SESSION #10 – KNEE #3

Moderators: Alexander Meersseman, Sebastiano Nutarelli

11.20 – 11.28: Nicolo' Migliori (oral presentation)

Effectiveness of Isoinertial Rehabilitation in Restoring Hamstring Strength Following Anterior Cruciate Ligament Reconstruction: a Randomized Controlled Trial

11.30 – 11.38: Claudia Nedelcu (oral presentation)

Effect of the Hockey Slideboard Training Combined With Blood Flow Restriction in the Rehabilitation Following Anterior Cruciate Ligament Surgical Reconstruction: a Randomized Controlled Trial

11.40 – 11.48: Luca Gigante (oral presentation)

The Impact of Specific Fatigue on Knee Stability in Anterior Cruciate Ligament Reconstructed Soccer Players During Single Leg Cross Drop Landing: a Pilot Study

11.50 – 12.10: Marco Delcogliano

A New Approach for Minimally Invasive Lateral Extra-Articular Tenodesis associated to ACL-Reconstruction

12.12 – 12.32: Andrea Panzeri

Returning Professional Skiers on the Slopes After Knee Injury: KPI's Vs the Perfect Storm

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SESSION #10 – KNEE #3

Moderators: Alexander Meersseman, Sebastiano Nutarelli

12.34 – 12.54: Eric Hamrin Senorski

Time to RTS and Isokinetic Knee Flexion Strength Deficits at the Time of RTS After ACL Reconstruction do not Represent Risk Factors for Second ACL Injury: so, What Does?

12.56 – 13.16: Federico Bristot

Pragmatically Guiding Rehabilitation in Complex Knee Injuries in Winter Sports

13.18 – 14.45: LUNCH BREAK

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SESSION #11 – ENHANCING RECOVERY

Moderators: Paola Vago, Federico Bristot

8.30 – 8.50: Laura Mancin

Nutrition and Supplementation To Maximize Muscle Mass Recovery in Rehabilitation

8.52 – 9.00: Giuseppe Trentinella (oral presentation)

Adolescent Female Athletes Lose Explosive Lower Body Power and Motor Control After Completing a Simulated Soccer Match Participation: a Cross Sectional Study

9.02 – 9.10: Giovanni Postiglione (oral presentation)

The Fukuda Stepping Test as a Neuro-Postural Key Performance Indicator (KPI) in Elite Handball: A Pilot Study on Italian Top-Division Female Athletes

9.12 – 9.20: Abdel Babiker (oral presentation)

FIFA Global Burden of Injury and Illness (GBI): a Living Evidence System for Football Injury and Illness to Inform Rehabilitation

9.22 – 9.42: Maria Stergiou

Prevention Is Performance Under Stress: RTS KPIs for Decision-Making in Elite Sports

9.44 – 10.04: Mathias Thoenen

A Practical Guide to Prescribe Blood Flow Restriction Training in Rehabilitation Targeting Pain Reduction, Strength Recovery, and Endurance

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SESSION #11 – ENHANCING RECOVERY

Moderators: Paola Vago, Federico Bristot

10.06 – 10.26: Matteo Romanazzi

*Integrating Electromyographic (EMG) Neuromuscular Assessment Into
Return to Play Decision-Making*

10.28 – 10.48: Stefano Di Paolo

Biomechanics Analysis to Enhance ACL Rehabilitation

10.50 – 11:20 BREAK

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SESSION #12 – BACK & SPINE

Moderators: Walter Della Frera, Mathias Thoelen

11.20 – 11.40: Brett Windsor

Manual Therapy Vs Exercise-Based Interventions for Chronic Low Back Pain: How to Proceed in the Clinical Fog

11.42 – 12.02: Lorenzo Coslovich

Returning to Lifting after Back Injury: the Sports Rehab Guidelines

12.04 – 12.24: Lisa Cosi

Strength & Conditioning Applied to Back Pain: Key Principles and Practical Applications

12.26 – 12.46: Filippo Falchetti

Practical Guidelines to Manage Low Back Pain: from Theory to the Weight Room

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MISCELLANEOUS PRESENTATION

Moderators: Walter Della Frera, Mathias Thoelen

12.48 – 12.56: Filippo Siragusa (oral presentation)

Feasibility of the OSTRC-H2 Questionnaire for Weekly Health Monitoring in Serie B Rugby Players: a Pilot Study

12.58 – 13.06: Sarah Terhorst (oral presentation)

Beyond Physical Recovery: Organic Self-Talk as a Psychological Indicator from Injury to Return to Sport

13.08 – 13.16: Francesco Orlando (oral presentation)

Injury Surveillance 1 in National-Level Women's Football: A Two-Season Prospective Study

13.18 – 14.45: LUNCH BREAK

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WORKSHOP A

NOVEMBER 22 - 14.45-16.00 or 16.30-17.45

Tim Hewett (USA)

PT, PhD, FACSM, Professor & Director of Research at Marshall University,
Huntington, WV – USA

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WORKSHOP B

NOVEMBER 22 - 14.45-16.00 or 16.30-17.45

Colin Griffin (IRE)

PT, PhD, Strength & Conditioning Coach at Sports Surgery Clinic,
Dublin – IRE

INDIVIDUALISING
REHABILITATION FOLLOWING
CALF AND ACHILLES INJURY:
A SYSTEMATIC APPROACH

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WORKSHOP C

NOVEMBER 22 - 14.45-16.00 or 16.30-17.45

Martin Asker (SWE)

DN, PhD, Head of Handball Research Group, Senior Lecturer at
Sophiahemmet University, Stockholm – SWE

**THE OVERHEAD SHOULDER:
MAKING THE DIAGNOSIS
PRACTICAL AND OBJECTIVE**

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FACULTY

- **Artina Paolo** (PT, MSc - Bergamo - ITA)
- **Ashworth Ben** (PT, PhDc, MSc (2) - London - UK)
- **Asker Martin** (DN, PhD, Researcher Head of Handball Research Gr., Senior Lecturer Sophiahemmet University - Stockholm - SWE)
- **Beato Marco** (AT, PhD - Verona -ITA / Suffolk - UK)
- **Bettinsoli Pierfrancesco** (MD, Orthopaedic Surgeon, Germani Basketball Brescia - ITA)
- **Brambilla Lorenzo** (MD, Orthopaedic Surgeon, Humanitas Research Hospital, Medical Staff FC Internazionale Milan - ITA)
- **Brindisino Fabrizio** (PT, PhDc, MSc, OMPT - Campobasso - ITA)
- **Bristot Federico** (PT, Head of Elite & Performance Rehabilitation J Medical - Turin - ITA)
- **Ceriani Gabriele** (PT - ITA)
- **Coratella Giuseppe** (AT, PhD - Milan - ITA)

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FACULTY

- **Corsini Alessandro** (MD, First Team Doctor Genoa CFC, Fed. Ita Triathlon - ITA)
- **Cosi Lisa** (PT, MSc, RISPT, S&C Coach - Trento - ITA)
- **Coslovich Lorenzo** (PT, MSc - Lugano - CH)
- **Danelon Furio** (MD, Isokinetic Medical Group Milan - ITA)
- **De Caro Francesca** (MD, Orthopaedic Surgeon - Bergamo - ITA)
- **Delahunt Eamonn** (PT, PhD, Professor University College Dublin - Dublin - IRE)
- **Delcogliano Marco** (MD, PD, Orthopaedic Surgeon, LogMedica Co-Founder - Lugano - CH)
- **Della Frera Walter** (MD, Scientific Medical Commission FIGC - Vice President Anti-Doping Commission FIGC - Crema - ITA)
- **Di Paolo Stefano** (Biomedical Engineer, PhD - Bologna - ITA)
- **Falchetti Filippo** (PT - Genova - ITA)
- **Fanning Edel** (PT, PhD, MSc, Founder of Sports Shoulder Performance Rehab - Dublin - IRE)

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FACULTY

- **Fiore Paolo** (MD, EOC Orthopaedic Surgeon - Lugano - SWI)
- **Fioruzzi Alberto** (MD, Orthopaedic Surgeon - Milan - ITA)
- **Forelli Florian** (PT, PhD, Ass. Professor HES-SO University of Applied Sciences & Arts - Neuchâtel - SWI)
- **Freschi Marco** (MD, First Team Doctor Juventus FC - Turin - ITA)
- **Grassi Alberto** (MD, Orthopaedic Surgeon, Ist. Ortopedico Rizzoli - Bologna - ITA)
- **Griffin Colin** (PT, PhD, UPMC Sports Surgery Clinic - Dublin - IRE)
- **Guelfi Matteo** (MD, PhD, Orthopaedic Surgeon - Genoa - ITA)
- **Hewett Tim** (PT, PhD, FACSM, Professor & Director of Research at Marshall University - Huntington WV - USA)
- **Holmich Per** (MD, Professor, DMSc, Head of Dept. at Copenhagen University Hospital, Amager-Hvidovre - Copenhagen - DEN)
- **Kerin Fearghal** (PT, PhD, Founder of Kerin Performance - London - UK)

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FACULTY

- **Lempainen Lasse** (MD - FIN)
- **Maggioni Lorenzo Maria** (MD, Orthopedic Surgeon - Team Doctor for Club Italia Femminile - Medical Staff Member for Italian Youth National Volleyball Teams - Milan - ITA)
- **Mancin Laura** (Nutritionist & Molecular Biologist, PhD, Juventus FC & Swiss Football National Team - Turin - ITA / Switzerland)
- **Meersseman Alexander** (MD, Orthopaedic Surgeon Ist. Galeazzi - Milan - ITA)
- **Nutarelli Sebastiano** (PT, PhDc University College Dublin, MS, Co-Founder Sports Rehab - Lugano, CH / Dublin - IRE)
- **Panzeri Andrea** (MD, Orthopaedic Surgeon, Resp. Sport Trauma & Research Center Ist. Clinico San Siro, Pres. Comm. Medica FISI - Milan - ITA)
- **Perna Paolo** (PT, PhDc Middlesex University - London - UK)
- **Perticarini Loris** (MD, Fond.Poliambulanza, Istituto Ospedaliero - ITA)

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FACULTY

- **Piussi Ramana** (PT, PhD, University of Gothenburg - SWE)
- **Piva Tommaso** (PhD - Ferrara - ITA)
- **Porcellini Giuseppe** (MD, Professor of Orthopedics, University of Modena and Reggio Emilia - ITA)
- **Romanazzi Matteo** (AT, PhD, Professor at University of Turin - Turin - ITA)
- **Russo Luca** (AT, PhD, MSc - Sulmona - ITA)
- **Schoenfeld Brad** (AT, PhD, CSCS, Professor and Director of Human Performance & Fitness program at Lehman College - New York - USA)
- **Senorski Eric Hamrin** (PT, PhD, Ass. Professor University of Gothenburg - Gothenburg - SWE)
- **Stergiou Maria** (PT, PhD, Juventus FC - Turin - ITA / GRE)
- **Thiebat Gabriele** (MD, Medical Director ITA National Team Snowboard/Freestyle, Medical Commission FISI/FIPAV - Milan - ITA)
- **Thoelen Mathias** (PT, MSc - Eindhoven - NED)

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FACULTY

- **Thorborg Kristian** (PT, Professor, PhD, Senior Researcher at Copenhagen University Hospital Hvidovre - Copenhagen - DEN)
- **Vago Paola** (AT, PhD, Uni. Cattolica - Milan - ITA)
- **Vega Jordi** (MD, Orthopaedic Surgeon - Barcelona - SPA)
- **Verdonk Peter** (MD, Orthopaedic Surgeon ORTHOCA / Columbus3C / Aspetar - Ghent - BEL)
- **Vergani Luca** (PT, AT, MS, FC Internazionale Milan - Milan - ITA)
- **Walden Markus** (MD, PhD, Orthopaedic Surgeon, Ass. Professor Linköping University - Malmö - SWE)
- **Wallace Andrew** (MD, PhD, Shoulder Surgeon - London - UK/Sydney - AUS)
- **Windsor Brett** (PT, PhD, MPA, Senior VP of Clinical Services & Excellence at PRN - USA)

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REGISTRATION FEES #ISRM26

	STUDENT	PARTNER	FIRST 100 TICKETS	REGULAR
CONFERENCE #ISRM26	€ 180	€ 220	€ 240	€ 275
CONFERENCE #ISRM26 + 2 WORKSHOP	€ 275	€ 315	€ 335	€ 370

Real time traslation from English to Italian via headset (optional) : 35 euro
#ISRM26 networking Session, Dinner & party (optional): 59 euro

FIRST 100 TICKETS: first 100 tickets available

REGULAR: full price after the initial 100 tickets sold

PARTNER: Phd Students/Candidates, Resident MDs, Members of Patronage Societies, Sponsor's fee (code required at online registration)

STUDENT: Bachelor Students (Student status proof required)

2 WORKSHOP: workshop A+B, workshop A+C or workshop B+C

#ISRM25 ATTENDEES: Free workshop pay for the Congress only (fee REGULAR) if you bring with you a friend who registers for #ISRM26 CONGRESS+ WORKSHOP and who did not attend the #ISRM25

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